# Fire Safety Lesson Plan-First Grade

**Teacher:** Fire Safety Educator, and at least one Firefighter

### **Objectives:**

- Students will learn how to get out of burning buildings safely and quickly.
- Students will know not to ever go back into a burning building to retrieve anything.
- Students will have the chance to interact and become comfortable with firefighters in full gear,
  alleviating any fear and preventing them from hiding during an emergency.
- Students will become motivated to have fire drills at home.
- Students will practice escaping a fire.

#### **Standards:**

### **English SOL standards addressed:**

- 1.1 The student will continue to demonstrate growth in the use of oral language.
  - c) Participate in a variety of oral language activities, including choral speaking and reciting short poems, rhymes, songs, and stories with repeated patterns.
  - e) Express ideas orally in complete sentences.
- 1.2 The student will expand understanding and use of word meanings.
  - a) Increase listening and speaking vocabularies.
  - b) Begin to ask for clarification and explanation of words and ideas.
  - c) Use common singular and plural nouns.
  - d) Use vocabulary from other content areas.
- 1.3 The student will adapt or change oral language to fit the situation.
  - c) Ask and respond to questions.
  - d) Follow simple two-step oral directions.

### **Science SOLs addressed:**

- 1.5 The student will investigate and understand that animals, including humans, have basic needs and certain distinguishing characteristics. Key concepts include
  - a) basic needs include adequate *air*, food, water, shelter, and space (habitat);

#### **Health SOLs addressed:**

- 1.3 The student will explain the need for specific rules and practices to promote personal safety and injury-free situations. Key concepts/skills include
  - d) fire safety;
  - e) home safety;

#### **Materials:**

- Full turnout gear and air pack
- Smoke Alarm
- White or grey sheet (pretend smoke)
- Fire truck (If available)

**Duration:** 30 minutes

#### **Anticipatory Set:**

Introduce Firefighters present

- Community Helpers
- Here to help keep you safe

#### Input:

- We can't breathe smoke, smoke is dangerous
- Show students smoke alarm
- Let students hear what a smoke alarm sounds like (give warning first)
- When smoke alarm sounds, Get Out and Stay Out
- Engage children, say together "Get Out and Stay Out!"
- Never go back into building for any reason
- Stay low and go
- Practice at home

### Modeling:

- Hold up pretend Smoke (white/grey sheet)
- Have Firefighter demonstrate how to stay low and go
- Show students turn out gear
- Firefighter puts on gear one piece at a time
- Let students interact with Firefighter, speaking with mask and air tank
- Encourage children to always wave hello to firefighters in your house so we can find you, wave when you see us on the street too.

## **Checking for Understanding:**

• Ensure through participation that students recognize that the firefighter is still the same person with all the gear on.

## **Questioning Strategies:**

- Do you have special gear like this? NO, only firefighters
- What about firefighter Halloween costumes? NO
- Should you ever try to rescue your pet from a burning building? NO, only firefighters
- What if the smoke alarm goes off just cause mom burnt the french-fries, should you still get out and stay out? YES, it's excellent practice time!

## **Guided Practice:**

- Hold sheet with Teacher, have students practice crawling under the smoke to the firefighter
- Let students approach Firefighter in full gear and touch (high 5, shake hand etc.)

#### Closure:

#### Review

- Get Out Stay Out
- Stay Low and Go
- Always wave hello to firefighters, in your house or on the street

Take students outside to see fire truck, if available

#### **Independent Practice:**

Activity books to do at home or in class, at the discretion of the classroom teacher